

Herbstcrosslauf, 21.09.2016

| W8 | Zeit | Name | Schule | Verein |
|-----|------|-----------------------|----------------|-------------|
| 1. | | Bourbeck, Hermine | KKS | |
| 2. | | Huck, Annabell | GS Ilfeld | |
| 3. | | Hilpert, Stella | GS Görzbach | |
| 4. | | Gotter, Charlotte | GS Heringen | |
| 5. | | Myler, Emma | GS Bleicherode | |
| 6. | | Konschak, Laetitia | KKS | |
| 7. | | Hichert, Lisa | GS Ilfeld | |
| 8. | | Dießl, Luisa | GS Ellrich | |
| 9. | | Michel, Helene | Montessori | LV Altstadt |
| 10. | | Hohnstein, Johanna | GS B. Brecht | LV Altstadt |
| 11. | | Hörning, Feenja | GS Wipperdorf | |
| 12. | | Rotter, Maike | GS A. Kuntz | LV Altstadt |
| 13. | | Döring, Feline | GS Nohra | |
| 14. | | Golombek, Stella | GS Niedergebra | |
| 15. | | Szumodalsky, Adele | KKS | LV Altstadt |
| 16. | | Schneider, Laura | GS Sollstedt | |
| 17. | | Druselmann, Marlen | GS Sollstedt | |
| 18. | | Kraft, Annemarie | GS Petersdorf | |
| 19. | | Beyer, Mathilda | GS Nohra | |
| 20. | | Tschirr, Leni | GS Ilfeld | |
| 21. | | Henze, Annbritt | GS Klettenberg | |
| 22. | | Jugert, Elsa | KKS | |
| 23. | | Freiboth, Alexis | KKS | |
| 24. | | Broßat, Hanna | GS Klettenberg | |
| 25. | | Hohberg, Lene | GS Wipperdorf | |
| 26. | | Dietz, Emily | KKS | |
| 27. | | Reinhardt, Mia-Sophie | GS Niedersalza | |
| 28. | | Göhring, Elina | Montessori | |
| 29. | | Große, Alina | KKS | |
| 30. | | Unger, Helene | A. Kuntz | |
| 31. | | Schlichting, Anna | GS Sollstedt | |

| | | | | |
|-----|--|---------------------|-----------------|-----|
| 32. | | Töpfer, Luise | GS Ellrich | |
| 33. | | Liebau, Hanna | GS Ellrich | |
| 34. | | Bierwisch, Jenny | A. Kuntz | HSG |
| 35. | | Hage, Linda | KKS | |
| 36. | | Schäfer, Nora | Evangelische GS | |
| 37. | | Gäbert, Lina | BBS | |
| 38. | | Rohr, Lea Alesandra | BBS | |
| 39. | | König, Amelie | GS Ilfeld | |

| | | | | |
|-----|--|------------------------------|----------------------|-------------|
| 40. | | Niederle, Mia Pheline | GS Niedersalza | LV Altstadt |
| 41. | | Frömmel, Helene | GS Ilfeld | |
| 42. | | Pistorius, Romy | Evangelische GS | |
| 43. | | Knopf, Enea | Evangelische GS | |
| 44. | | Kupfer, Lena | GS Am Förstemannweg | |
| 45. | | Jödicke, Johanna Ella Frieda | GS Am Förstemannweg | |
| 46. | | Krause, Hanna Lena | GS Am Förstemannweg | |
| 47. | | Eisfeld, Jette Pauline | GS Bleicherode | |
| 48. | | Müller, Helene | A. Kuntz | |
| 49. | | Gruppe, Helene | KKS | |
| 50. | | Rogge, Anna-Lena | Evangelische GS | |
| 51. | | Rieger, Ellen | GS B. Brecht | LV Altstadt |
| 52. | | Drugda, Viktoria | Evangelische GS | |
| 53. | | Pohl, Pauline | GS Bleicherode | |
| 54. | | Krüger, Emma | GS Niedersachswerfen | |
| 55. | | Ludewig, Maren | KKS | |
| 56. | | Fuhrmann, Lotta | GS Ellrich | |
| 57. | | Köppel, Amelie | GS Petersdorf | |
| 58. | | Bohne, Soiphie | GS Niedergebra | |
| 59. | | Rehberg, Nele | GS Niedergebra | |
| 60. | | Bönisch, Sarah | Montessori | |
| 61. | | Mkossakowska, Laura | GS Sollstedt | |
| 62. | | Hecht, Anni | Montessori | |
| 63. | | Hoche, Marlena | GS Niedersachswerfen | |
| 64. | | Müller, Sophie | GS Sollstedt | |
| 65. | | Höpker, Carla | A. Kuntz | |
| 66. | | Kempin, Emmy-Lu | Evangelische GS | |
| 67. | | Müller, Finja | Montessori | |
| 68. | | Gärtner, Alina | KKS | |
| 69. | | Bauersfeld, Nele | GS Klettenberg | |

| | | | | |
|-----|--|--------------------|-----------------|--|
| 70. | | Lüttich, Maren | KKS | |
| 71. | | Rosch, Lilly | GS Petersdorf | |
| 72. | | Teichmann, Marlene | KKS | |
| 73. | | Biedron, Charlotte | KKS | |
| 74. | | Michel, Magdalena | GS Niedergebra | |
| 75. | | Mund, Celina | Montessori | |
| 76. | | Kowitz, Luna | Montessori | |
| 77. | | Bartlitz, Jolina | GS Niedergebra | |
| 78. | | Müller, Jill | GS Niedergebra | |
| 79. | | Rehr, Annina | GS Bleichr | |
| 80. | | Kühne, Susann | GS Klettenberg | |
| 81. | | Fischer, Hannah | GS Görsbach | |
| 82. | | Wolf, Sarah | Evangelische GS | |
| 83. | | Machmud, Emma | Evangelische GS | |
| 84. | | Göttling, Leni | Montessori | |
| 85. | | Spitzer, Fiona | Evangelische GS | |
| 86. | | Jödicke, Charlotte | GS Klettenberg | |
| 87. | | Lande, Emelie | Montessori | |
| 88. | | Gröser, Marlene | KKS | |

| | | | | |
|-----------|-------------|-----------------------|-----------------|--|
| 89. | | Junge, Sarah | KKS | |
| 90. | | Schade, Paula | Evangelische GS | |
| 91. | | Rabe, Matha | KKS | |
| 92. | | Ullrich, Lotta | GS Nohra | |
| 93. | | Demme, Enya | GS Nohra | |
| W9 | Zeit | | | |
| 1. | 6:47 | Göbel, Eva-Maria | GS Petersdorf | |
| 2. | 6:48 | Krist, Lenka | KKS | |
| 3. | 7:13 | Müller, Tanja | GS Petersdorf | |
| 4. | 7:39 | Nitzsche, Leela | GS Petersdorf | |
| 5. | 7:40 | Müller, Karolin | GS Petersdorf | |
| 6. | 7:48 | Schmidt; Anna | KKS | |
| 7. | 7:52 | Keitz, Louiga | Evangelische GS | |
| 8. | 7:53 | Hesse, Annemarie | GS Wipperdorf | |
| 9. | 7:57 | Karnstedt, Jette | GS Görsbach | |
| 10. | 7:57 | Gerlach, Lilly | GS Petersdorf | |
| 11. | 7:57 | Bauer, Katharina-July | GS Petersdorf | |
| 12. | 8:04 | Brandt, Lea | KKS | |
| 13. | 8:05 | Pawlak, Leni | GS Görsbach | |
| 14. | 0:00 | Janke, Jette | GS Ellrich | |

| | | | | |
|-----|------|----------------------------|----------------------|-------------|
| 15. | 8:12 | Kronberger, Nele | Evangelische GS | |
| 16. | | Wenkel, Clara | GS Nohra | |
| 17. | | Heidecke, Emilia | GS Wipperdorf | |
| 18. | | Ehrhardt, Marlene | KKS | |
| 19. | | Petermann, Lilly Any | GS Am Förstemannweg | |
| 20. | | Schmidt, Bernadette Sophia | GS Am Förstemannweg | |
| 21. | | Rödiger, Isabell | GS Ilfeld | |
| 22. | | Werner, Manjana | Montessori | |
| 23. | | Jacobs, Finja | GS Ellrich | |
| 24. | | Kindervater, Jolien | A. Kuntz | |
| 25. | | Rahn, Luisa | GS Ilfeld | |
| 26. | | Uebner, Maja | BBS | |
| 27. | | Pfeie, Katharina | GS Klettenberg | |
| 28. | | Hanf, Svanja | GS Heringen | |
| 29. | | Becker, Leonie | GS Klettenberg | |
| 30. | | Heydecke, Lourdes | GS Sollstedt | |
| 31. | | Schirmer, Maren | GS Bleicherode | |
| 32. | | Ellenrieder, Lina | BBS | |
| 33. | | Leibiger, Lily | GS Heringen | |
| 34. | | Kunze, Lina Luise | GS Heringen | |
| 35. | | Schricke, Svenja | GS Niedergebra | |
| 36. | | Novak, Lucy | A. Kuntz | |
| 37. | | Schade, Lavinia | Evangelische GS | |
| 38. | | Schade, Sarah | GS Sollstedt | |
| 39. | | Adam, Vanessa | GS Niedersachswerfen | |
| 40. | | Große, Mia | GS Klettenberg | |
| 41. | | Kurtz, Lenya | Evangelische GS | |
| 42. | | Fiebig, Sophia | GS Görsbach | |
| 43. | | Manzke, Paula | GS A. Kuntz | LV Altstadt |

| | | | | |
|-----------|-------------|----------------------|-----------------|--|
| 44. | | Blanke, Leonie | GS Petersdorf | |
| 45. | | Türk, Laura-Michelle | GS Görsbach | |
| 46. | | Kessel, Lieselotte | KKS | |
| 47. | | Pries, Ann-Sophie | GS Sollstedt | |
| 48. | | Holze, Lena | BBS | |
| 49. | | Windweh, Leonie | KKS | |
| 50. | | Hilpert, Belana | GS Sollstedt | |
| 51. | | Brumme, Alina | Evangelische GS | |
| M8 | Zeit | | | |
| 1. | 6:55 | Liebau, Hannes | GS Ellrich | |

| | | | | |
|-----|------|-----------------------|----------------------|-----|
| 2. | 6:56 | Bachmann, Damian | GS Niedersalza | HSG |
| 3. | 7:28 | Winzler, Laurent | KKS | |
| 4. | | Frömmel, Henrik | GS Ilfeld | |
| 5. | | Beck, Vencent, André | GS Am Förstemannweg | |
| 6. | | Dreher, Philipp | KKS | |
| 7. | | Jung, Jemie-Elias | GS Wipperdorf | |
| 8. | | Eckhold, Elias Noel | GS Ellrich | |
| 9. | | John, Hannes | KKS | |
| 10. | | Gäbert, Louis | GS Nohra | |
| 11. | | Kobayashi, Shota | BBS | |
| 12. | | Reuter, Niclas | GS Nohra | |
| 13. | | Helbing, Jeremy | A. Kuntz | |
| 14. | | Gundermann, Raphael | GS Wipperdorf | |
| 15. | | Heise, Bjarne | KKS | |
| 16. | | Lindner, Phileas | BBS | |
| 17. | | Watterodt, Paul | GS Petersdorf | |
| 18. | | Catovic, Imran | KKS | |
| 19. | | Junge, Joris | GS Petersdorf | |
| 20. | | Gießler, Clemens | GS Görzbach | |
| 21. | | Gewalt, Lukas | A. Kuntz | |
| 22. | | Emde, Moritz | GS Petersdorf | |
| 23. | | Großer, Oskar | GS Görzbach | |
| 24. | | Liesegan, Til | GS Petersdorf | |
| 25. | | Kramer, Justus | A. Kuntz | |
| 26. | | Schütze, Philipp | GS Bleicherode | |
| 27. | | Duwe, Maximilian | BBS | |
| 28. | | Lehmann, Aaron | GS Ellrich | |
| 29. | | Liebau, Dominik | GS Niedersachswerfen | |
| 30. | | Seifert, Ayden | GS Ilfeld | |
| 31. | | Slomczyk, Finn | GS Blei | |
| 32. | | Stüwe, Marian | GS Nohra | |
| 33. | | Hohberg, Lasse | GS Wipperdorf | |
| 34. | | Sigismund, Leo | KKS | |
| 35. | | Sonntag, Lennard | GS Petersdorf | |
| 36. | | Nöckel, Paul Franz | GS Petersdorf | |
| 37. | | Wichmann, Lewin | GS Ilfeld | |
| 38. | | Laßmann, Tim | GS Klettenberg | |
| 39. | | Schlichting, Johannes | GS Sollstedt | |
| 40. | | Fritzsche, Justin | GS Niedersachswerfen | |

| | | | |
|-----|------------------------|---------------------|--|
| 41. | Heinemann, Henry | GS Niedergebra | |
| 42. | Bergmann, Theo | GS Wipperdorf | |
| 43. | Posselt, Tim-Felix | Evangelische GS | |
| 44. | Große, Henry | KKS | |
| 45. | Orf, Luca | GS Niedergebra | |
| 46. | Lath, Max | GS Sollstedt | |
| 47. | Kalberlah, Linus | GS Nohra | |
| 48. | Hellmich, Moritz | GS Ellrich | |
| 49. | Schraps, Jonas Jannis | GS Nohra | |
| 50. | Wattrodt, Jason | Evangelische GS | |
| 51. | Hesse, Ben | KKS | |
| 52. | Seefeldt, Joel | KKS | |
| 53. | Knorz, Johannes | GS Görzbach | |
| 54. | Grabe, Jakob | Evangelische GS | |
| 55. | Kraus, Lennart | KKS | |
| 56. | Ostwald, Nils | GS Sollstedt | |
| 57. | Jung, Leon | GS Görzbach | |
| 58. | Rübsame, Max | GS Heringen | |
| 59. | Kahl, Finn Magnus | Montessori | |
| 60. | Kohl, Kurt | GS Niedergebra | |
| 61. | Röger, Julian | GS Am Förstemannweg | |
| 62. | Oelze, Diego | Montessori | |
| 63. | Bönisch, Leon | Montessori | |
| 64. | Bieneck, Jason | Montessori | |
| 65. | Langer, Cedrick | A. Kuntz | |
| 66. | Birkefeld, Emil | GS Ilfeld | |
| 67. | Schulz, Tim | GS Bleicherode | |
| 68. | Linsel, Silas | GS Klettenberg | |
| 69. | Pohl, Christoph | GS Ilfeld | |
| 70. | Zyrus, Jasper Theodor | KKS | |
| 71. | Fratzscher, Romeo | GS Klettenberg | |
| 72. | Spieß, Florian | GS Ilfeld | |
| 73. | Westphal, Nils | KKS | |
| 74. | Wernecke, Paul | GS Bleicherode | |
| 75. | Lutze, Jannis | GS Görzbach | |
| 76. | Gulden, Erik | Evangelische GS | |
| 77. | Sander, Arvid | GS Petersdorf | |
| 78. | Thielemann, Leon Moris | GS Petersdorf | |
| 79. | Kleemann, Max | GS Petersdorf | |

| | | | | |
|-----|--|---------------------|-----------------|--|
| 80. | | Schult, Lenny | KKS | |
| 81. | | Hein, Jakob | KKS | |
| 82. | | Schumann, Kornelius | Evangelische GS | |
| 83. | | Voigt, Piet | GS Klettenberg | |
| 84. | | Rummel, Paul | GS Heringen | |
| 85. | | Becker, Davin | GS Klettenberg | |
| 86. | | Marx, Ludwig | Evangelische GS | |
| 87. | | Kauffmann, Dean | BBS | |
| 88. | | Illiger, Willian | Evangelische GS | |
| 89. | | Körber, Louis | KKS | |

| | | | | |
|-----------|-------------|--------------------|----------------------|-------------|
| 90. | | Jäger, Ethan Rayn | Montessori | LV Altstadt |
| 91. | | Franz, Matthias | Montessori | |
| 92. | | Schnause, Justus | Montessori | |
| 93. | | Lehmann, Hagen | Montessori | |
| 94. | | Kremzow, Johannes | Evangelische GS | |
| 95. | | Wrede, Julian | KKS | |
| 96. | | Ziegenbein, Matteo | GS Ellrich | |
| 97. | | Bernsdorf, Niklas | GS Niedersachswerfen | |
| 98. | | Deichmann, Lennard | Montessori | |
| M9 | Zeit | | | |
| 1. | 7:00 | Robinski, Felix | GS Ellrich | |
| 2. | 7:10 | Brehm, Alexander | A. Kuntz | LV Altstadt |
| 3. | 7:14 | Unger, Elias | KKS | |
| 4. | | Hanselmann, Adrian | GS Ellrich | |
| 5. | | Knaus, Sebastian | BBS | |
| 6. | | Beck, Cor..nus | GS Niedersalza | |
| 7. | | Röder, Thore | KKS | |
| 8. | | Liesegang, Tim | GS Ellrich | LV Altstadt |
| 9. | | Kronberger, Lukas | Evangelische GS | |
| 10. | | Stätter, Franz | KKS | |
| 11. | | Böhm, Colin Connor | GS Am Förstemannweg | |
| 12. | | Schnepfel, Nils | GS Sollstedt | |
| 13. | | Grundmann, Maddox | GS Bleicherode | |
| 14. | | Benkstein, Fabian | GS Am Förstemannweg | |
| 15. | | Ebert, Jonas | GS Ilfeld | |
| 16. | | Dettke, Til | GS Ilfeld | |
| 17. | | Quosik, Jan Niklas | GS Ellrich | |
| 18. | | Schwach, Henry | GS Petersdorf | |
| 19. | | Niemann, Elias | KKS | |

| | | | |
|-----|--------------------|----------------------|--|
| 20. | Spaar, Konrad | A. Kuntz | |
| 21. | Bosch, Leonard | Evangelische GS | |
| 22. | Wichmann, Johannes | GS Sollstedt | |
| 23. | Stolze, San Diego | GS Niedergebra | |
| 24. | Henze, Niclas | GS Bleicherode | |
| 25. | Schunke, Kay | KKS | |
| 26. | Naffin, Jonas | GS Sollstedt | |
| 27. | Heller, Lio Nils | BBS | |
| 28. | Lamster, Jonathan | BBS | |
| 29. | Göppel, Wilhelm | GS Niedergebra | |
| 30. | Dietrich, Leonard | GS Ellrich | |
| 31. | Wilhelm, Pascal | KKS | |
| 32. | Schulz, Oliver | A. Kuntz | |
| 33. | Winter, Ben | GS Niedergebra | |
| 34. | Thomas, Lucas Leon | | |
| 35. | Kopf, Titus | GS Sollstedt | |
| 36. | Rasemann, Tim | GS Nohra | |
| 37. | Bönisch, Justin | GS Niedersachswerfen | |
| 38. | Hoffmann, John-Lee | GS NOhra | |
| 39. | Sauer, Luka | GS Ilfeld | |

| | | | |
|-----|---------------------|----------------------|--|
| 40. | Kohl, Nils | GS Niedergebra | |
| 41. | Hagedorn, Gustav | KKS | |
| 42. | Knauer, Karl | KKS | |
| 43. | Herntrich, Gustav | GS Niedergebra | |
| 44. | Blancke, Marvin | GS Niedersachswerfen | |
| 45. | Hilpert, Jacob | GS Görsbach | |
| 46. | Krause, Fabian | GS Wipperdorf | |
| 47. | Kleinschmidt, Louis | GS Görsbach | |
| 48. | Stolle, Justin | KKS | |
| 49. | Staudemeyer, Franz | A. Kuntz | |
| 50. | Schulz, Jannick | A. Kuntz | |
| 51. | Arendt, Erik | GS Heringen | |
| 52. | Schmidt, Felix | BBS | |
| 53. | Kleofas, Finn | GS Niedergebra | |
| 54. | Neubert, Gustav | Evangelische GS | |
| 55. | Schmidt, Luca | KKS | |
| 56. | Schirmer, Tim | GS Niedersachswerfen | |
| 57. | Steinecke, Fynn | KKS | |
| 58. | Deede, Laurenz | Evangelische GS | |

| | | | | |
|------------|-------------|---------------------------|----------------------|-------------|
| 59. | | Weigl, Lukas | Montessori | |
| 60. | | Köhler, Tristan | Montessori | |
| 61. | | Pährisch, Tyler | GS Petersdorf | |
| 62. | | Schöffmann, Phillip | GS Sollstedt | |
| 63. | | Mertens, Phillipp-Joel | Montessori | |
| 64. | | Hofereiter, Emil | Montessori | |
| 65. | | Apel, Michel | GS Niedersachswerfen | |
| 66. | | Gebhardt, Jaden | GS Görzbach | |
| 67. | | Fischer, Lio | GS Görzbach | |
| 68. | | Sander, Niklas | GS Sollstedt | |
| 69. | | Stricker, Lars | Evangelische GS | |
| W10 | Zeit | | | |
| 1. | 7:08 | Kupke, Alina | Schiller Gymnasium | |
| 2. | 7:14 | Thomschke, Frederike | Humboldt Gymnasium | |
| 3. | 7:41 | Thorhauer, Leonie | RS Förstemannweg | LV Altstadt |
| 4. | | Kobayashi, Anne | Humboldt Gymnasium | |
| 5. | | Spangenberg, Tami | Herder Gymnasium | LV Altstadt |
| 6. | | Rüdiger, Florence | A. Kuntz | |
| 7. | | Graul, Jasmina, Seraphine | Petersbergschule | |
| 8. | | Lutze, Elaine | GS Ellrich | |
| 9. | | Eiselt, Nina | A. Kuntz | |
| 10. | | Langer, Antonia | A. Kuntz | |
| 11. | | Achmed, Dibs | Petersbergschule | |
| 12. | | Fuchs, Viktoria | GS Ellrich | |
| 13. | | Jugert, Gerda | Humboldt Gymnasium | |
| 14. | | Bachmann, Vanessa | KKS | |
| 15. | | Gäßlein, Frederike | Humboldt Gymnasium | |
| 16. | | Glock, Antonia | GS Görzbach | |
| 17. | | Sachse, Jolie | GS Ilfeld | |
| 18. | | Meschke, Marte | BBS | |

| | | | | |
|-----|--|---------------------------|---------------------|--|
| 19. | | Ljubuschin, Angelika | GS Am Förstemannweg | |
| 20. | | Beßin, Lynn Joy | GS Heringen | |
| 21. | | Schulze, Lara | Humboldt Gymnasium | |
| 22. | | Müller, Leonie | Evangelische GS | |
| 23. | | Koch, Neele | GS Petersdorf | |
| 24. | | Schymczyk, Celina | Petersbergschule | |
| 25. | | Sorkale, Josephine Sophie | RS Förstemannweg | |
| 26. | | Krettek, Lea | RS Förstemannweg | |
| 27. | | Eckert, Karla | Humboldt Gymnasium | |

| | | | | |
|------------|-------------|-------------------------|----------------------|-----------------------|
| 28. | | Kuhnhold, Eva | Humboldt Gymnasium | |
| 29. | | Martin, Emily | Ellrich | VfL 28 |
| 30. | | Küphn, Paula | Ellrich | VfL 28 |
| 31. | | Schilling, Leonie | Ellrich | VfL 28 |
| 32. | | Barz, Friederike | RS Hainleite | Wolkramshausen |
| 33. | | Jill, André | GS Niedersachswerfen | |
| 34. | | Krebs, Elisabeth | Montessori | |
| 35. | | Herzberg, Pauline | Montessori | |
| 36. | | Stolze, Johanna | RS Hainleite | Wolkramshausen |
| 37. | | Linde, Melissa Maria | Petersbergschule | |
| 38. | | Marquardt, Nele | GS Heringen | |
| W11 | Zeit | | | |
| 1. | 7:02 | Lehmann, Alina | Humboldt Gymnasium | LV Altstadt |
| 2. | 7:21 | Rimke, Chantal | Humboldt Gymnasium | LV Altstadt |
| 3. | 7:27 | Gryphan, Sophie | Humboldt Gymnasium | LV Altstadt |
| 4. | | Katzmann, Mara-Loreen | Humboldt Gymnasium | |
| 5. | | Reuter, Johanna | Schiller Gymnasium | |
| 6. | | Nickel, Klara | Humboldt Gymnasium | MCV Niedersachswerfen |
| 7. | | Nicol Winzler, Emma | Humboldt Gymnasium | |
| 8. | | Helbig, Lilien | Humboldt Gymnasium | |
| 9. | | Gulden, Lena | Herder Gymnasium | |
| 10. | | Ehrhardt, Karoline | Humboldt Gymnasium | MTV Niedersachswerfen |
| 11. | | Scholz, Isabell | Herder Gymnasium | |
| 12. | | Hake, Leonie | Humboldt Gymnasium | |
| 13. | | Müller, Lara | Niedergebra | |
| 14. | | Grafe, Katharina | Humboldt Gymnasium | |
| 15. | | Fruck, Anika | Humboldt Gymnasium | |
| 16. | | Seifert, Anne-Lena | RS Hainleite | Wolkramshausen |
| 17. | | Scheufler, Lea | RS Heinleite | Wolkramshausen |
| 18. | | Pfeil, Johanna | Humboldt Gymnasium | |
| 19. | | Oberück, Soiphie | Humboldt Gymnasium | |
| 20. | | Riemann, Rilcarda | Humboldt Gymnasium | |
| 21. | | Schmelzer, Emily | Ellrich | VfL 28 |
| 22. | | Astler, Meare | Humboldt Gymnasium | |
| 23. | | Drescher, Lea Tara | Petersbergschule | |
| 24. | | Förster, Julie | RS Am Förstemannweg | |
| 25. | | Bosch, Cora Wanda Käthe | RS Am Förstemannweg | |
| 26. | | Juch, Leonie | Niedergebra | |
| 27. | | Caspari, Henriette | Humboldt Gymnasium | |
| 28. | | Peter, Milena Muriel | Schiller Gymnasium | |

| | | | | |
|------------|-------------|-------------------------|---------------------|----------------|
| 29. | | Hatzky, Emely | Humboldt Gymnasium | |
| 30. | | König, Veonique | Humboldt Gymnasium | |
| 31. | | Kunze, Elenia | Herder Gymnasium | |
| 32. | | Kunze, Charlotte | Herder Gymnasium | |
| 33. | | Picking, Larissa | Humboldt Gymnasium | |
| 34. | | Taeger, Nora | Humboldt Gymnasium | |
| 35. | | Stäter, Elise | Humboldt Gymnasium | |
| 36. | | Kranitz, Anna | Humboldt Gymnasium | |
| 37. | | Hlawitschka, Alina | Petersbergschule | |
| 38. | | Bachmann, Melissa | Ellrich | VfL 28 |
| 39. | | Imhof, Lara | Humboldt Gymnasium | |
| 40. | | Schäfer, Anastasia | Humboldt Gymnasium | |
| 41. | | Gothe, Laura | Ellrich | VfL 28 |
| 42. | | Kohlhase, Lene | Herder Gymnasium | |
| 43. | | Galeano, Malvina | Petersbergschule | |
| 44. | | Jankowiak, Stella | Petersbergschule | |
| 45. | | Karrasch, Nia | Ellrich | VfL 28 |
| 46. | | Vollraht, Kiara | Humboldt Gymnasium | |
| 47. | | Lungershausen, Lara | Herder Gymnasium | |
| 48. | | Leonhardt, Laura | Humboldt Gymnasium | |
| 49. | | Machnow, Maya | Humboldt Gymnasium | |
| 50. | | Kühn, Jule | Humboldt Gymnasium | |
| 51. | | Polte, Kimberly | Humboldt Gymnasium | |
| 52. | | Kind, Lisa-Lotte | Humboldt Gymnasium | |
| 53. | | Malich, Victoria | Humboldt Gymnasium | |
| 54. | | Pantterodt, Lavinia | RS Am Förstemannweg | |
| 55. | | Kappler, Alissa | RS Am Förstemannweg | |
| 56. | | Adam, Josephine | Herder Gymnasium | |
| 57. | | Meldau, Sydney Sophia | RS Hainleite | Wolkramshausen |
| 58. | | Wernecke, Elli | Petersbergschule | |
| 59. | | Müller, Leas-Marie | Petersbergschule | |
| M10 | Zeit | | | |
| 1. | 6:59 | Happ, Florian | Humboldt Gymnasium | |
| 2. | 7:06 | Leukefeld, Maximilian | GS Wipperdorf | |
| 3. | 7:13 | Großer, Till | Humboldt Gymnasium | |
| 4. | | Emmelmann, Jan | GS Niedergebra | |
| 5. | | Groß, Leon | GS Klettenberg | |
| 6. | | Kratzin, Leon Alexander | GS Niedersalza | |
| 7. | | Campan, Iannis | KKS | |

| | | | |
|-----|-----------------------|--------------------|-------------|
| 8. | Plescher, Elias | KKS | |
| 9. | Scholz, Julius St. | GS Heringen | |
| 10. | Ode, Franz | Schiller Gymnasium | |
| 11. | Bahr, Lukas-Jannik | BBS | |
| 12. | Müller, Simon | Schiller Gymnasium | |
| 13. | Steinke, Luca | GS Ellrich | |
| 14. | Konradi, Joel Pharell | Petersbergschule | |
| 15. | Bruns, Dustin | GS Ilfeld | |
| 16. | Rotter, Timon | Humboldt Gymnasium | LV Altstadt |
| 17. | Mosebach, Max | GS Ilfeld | |

| | | | |
|-----|---------------------|----------------------|--------|
| 18. | Hartmann, Nick | BBS | |
| 19. | Liesegang, Moritz | GS Niedersachswerfen | |
| 20. | Kröhn, Anton | GS Niedersachswerfen | |
| 21. | Rutkowski, Tom | KKS | |
| 22. | Brucke, Theodor | GS Petersdorf | |
| 23. | Fuhr, Robert | GS Ellrich | |
| 24. | Wichmann, Justus | Schiller Gymnasium | |
| 25. | Hörstmann, Celino | KKS | |
| 26. | Feine, Leonhardt | Ellrich | VfL 28 |
| 27. | Jelen, Nils | Humboldt Gymnasium | |
| 28. | Beck, Theo | Humboldt Gymnasium | |
| 29. | Rubacki, Pawel | A. Kuntz | |
| 30. | Dorofeer, Anatol | BBS | |
| 31. | Martin, Vinz Benett | GS Klettenberg | |
| 32. | Banse, Tadeus | A. Kuntz | |
| 33. | Baumann, Lars | Herder Gymnasium | |
| 34. | Gröning, Nils | Schiller Gymnasium | |
| 35. | Schmidt, Peter | Evangelische GS | |
| 36. | Gasmi, Jannik Paul | GS Petersdorf | |
| 37. | Tritschler, Lennart | GS Wipperdorf | |
| 38. | Kindler, Clemens | Montessori | |
| 39. | Krause, Phillip | Montessori | |
| 40. | Schinzig, Sergio | Herder Gymnasium | |
| 41. | Dahimi, Mohamed | Petersbergschule | |
| 42. | Catovic, Mervan | KKS | |
| 43. | Bögershausen, Tom | Schiller Gymnasium | |
| 44. | Bösel, Erik | Niedergebra | |
| 45. | Maciejewiez, Nils | GS Nohra | |
| 46. | Natthias, Luis | Schiller Gymnasium | |

| | | | | |
|------------|-------------|-----------------------------|---------------------|----------------|
| 47. | | Willerbach, Hannes | Petersbergschule | |
| 48. | | Schlottke, Marek | Ellrich | VfL 28 |
| 49. | | Rabe, Lukas | KKS | |
| 50. | | Schumann, Johannes | Evangelische GS | |
| 51. | | Möller, Marvin | GS Klettenberg | |
| 52. | | Becker, Lennor | Herder Gymnasium | |
| 53. | | Dumler, Martin | Petersbergschule | |
| 54. | | Wolfram, Luca | GS Niedersalza | |
| 55. | | Geßner, Finn | RS Hainleite | Wolkramshausen |
| M11 | Zeit | | | |
| 1. | 6:28 | Heiser, Leander | Humboldt Gymnasium | |
| 2. | 6:59 | Sippel, Oliver | RS K. Kollwitz | LV Altstadt |
| 3. | 7:00 | Wolfram, Luca | RS Am Förstemannweg | |
| 4. | | Weißgärber, Lennox, Michael | Petersbergschule | |
| 5. | | Pfeifer, Dennis | Schiller Gymnasium | |
| 6. | | Haupt, Luca-Pascal | Petersbergschule | |
| 7. | | Mahmood, Ziad | Ellrich | VfL 28 |
| 8. | | Lißner, Nino | Schiller Gymnasium | |
| 9. | | Schmelzer, Lukas | A. Kuntz | |
| 10. | | Meinecke, Ludwig | RS K. Kollwitz | |

| | | | | |
|-----|--|----------------------|--------------------|-----------------|
| 11. | | Schröter, Timm | Humboldt Gymnasium | |
| 12. | | Kessel, Gustav | Humboldt Gymnasium | |
| 13. | | Bock, Lennard | RS Hainleite | Wolkramshausen |
| 14. | | Stemme, Ferdinand | Schiller Gymnasium | |
| 15. | | Hoche, Arnold | Herder Gymnasium | |
| 16. | | Hahn, Franz | Humboldt Gymnasium | LV Altstadt |
| 17. | | Zorn, Keana | RS K. Kollwitz | |
| 18. | | Koschlik, Maximilian | Schiller Gymnasium | |
| 19. | | Kammholz, Johannes | RS K. Kollwitz | |
| 20. | | Vogt, Jonas | RS K. Kollwitz | |
| 21. | | Ruß, Oliver | Humboldt Gymnasium | |
| 22. | | Kleemann, Kevin | GS Klettenberg | |
| 23. | | Höpker, Georg | Humboldt Gymnasium | SV 90 Triathlon |
| 24. | | Dohle, Tim | RS K. Kollwitz | |
| 25. | | Illger, Louis | Ellrich | VfL 28 |
| 26. | | Hentrich, Niclas | Petersbergschule | |
| 27. | | May, Moritz | Humboldt Gymnasium | |
| 28. | | Stille, Vinzent | RS K. Kollwitz | |
| 29. | | Piper, Calvin Linus | Humboldt Gymnasium | |

| | | | | |
|------------|-------------|--------------------------|---------------------|----------------|
| 30. | | Ruhnau, Lars | Humboldt Gymnasium | |
| 31. | | Kohl, Arne | RS K. Kollwitz | |
| 32. | | Heydecke, Jan | Petersbergschule | |
| 33. | | Fleckenstein, Marlon | RS K. Kollwitz | |
| 34. | | Kühne, Benjamin | Humboldt Gymnasium | |
| 35. | | Hartung, Fabrice | Herder Gymnasium | |
| 36. | | Joram, Emilian | Herder Gymnasium | |
| 37. | | Bannert, Felix | Humboldt Gymnasium | |
| 38. | | Piechotta, Felix | Petersbergschule | |
| 39. | | Scharfe, Michael | Petersbergschule | |
| 40. | | Müller, Sebastian Armin | RS Am Förstemannweg | |
| 41. | | Lauer, Vincent | RS Am Förstemannweg | |
| 42. | | Kutscher, Florian | Ellrich | VfL 28 |
| 43. | | Schlesiger, Tibesius | Montessori | |
| 44. | | Ehrhardt, Erik | Ellrich | |
| 45. | | Gruppe, Justus | RS K. Kollwitz | |
| 46. | | Meinicke, Paul | RS K. Kollwitz | |
| 47. | | Schricke, Luca | Petersbergschule | |
| 48. | | Kramer, Julius | Humboldt Gymnasium | |
| 49. | | Bruchow, Roman | RS Am Förstemannweg | |
| W13 | Zeit | | | |
| 1. | 6:44 | Paula, Duchrou | Herder Gymnasium | HSG |
| 2. | 7:10 | Körper, Hannah | Herder Gymnasium | |
| 3. | | Hinke, Veronique | Schiller Gymnasium | |
| 4. | | Ottemann, Selina | Ellrich | VfL 28 |
| 5. | | Seever, Theresa | Schiller Gymnasium | |
| 6. | | Prenzel, Nathalie | Ellrich | VfL 28 |
| 7. | | Markus, Johanna | RS Hainleite | Wolkramshausen |
| 8. | | Deterding, Antonia Marie | Humboldt Gymnasium | HSG |
| 9. | | Friedrich, Lena | Humboldt Gymnasium | HSG |

| | | | | |
|-----|--|------------------------|--------------------|----------------|
| 10. | | Jugelt, Tine | Herder Gymnasium | |
| 11. | | Hoffmann, Cheyenne | Schiller Gymnasium | |
| 12. | | Loup, Lilly | Schiller Gymnasium | |
| 13. | | Seever, Helena | RS Bleicherode | |
| 14. | | Ring, Isabella | Humboldt Gymnasium | |
| 15. | | Schelenhaus, Maja | Humboldt Gymnasium | |
| 16. | | Panterodt, Jasmina | RS Bleicherode | |
| 17. | | Hesse, Yasmin | RS Hainleite | Wolkramshausen |
| 18. | | Bieles, Lydia Annalena | Humboldt Gymnasium | |

| | | | | |
|------------|-------------|----------------------|----------------------|----------------|
| 19. | | Schaade, Lena | Humboldt Gymnasium | |
| 20. | | Hoche, Hannah | Humboldt Gymnasium | |
| 21. | | Dziallas, Lisa Marie | Petersbergschule | |
| 22. | | Röttig, Lea Amélie | RS Am Förstemannweg | |
| 23. | | Fritz...e, Janina | RS Niedersachswerfen | |
| 24. | | Reichardt, Leonie | RS Am Förstemannweg | |
| 25. | | Dornider, Sarah | RS Niedersachswerfen | |
| 26. | | Heinemann, Laura | Herder Gymnasium | |
| W12 | Zeit | | | |
| 1. | 6:56 | Busch, Johanna | RS Bleicherode | |
| 2. | 7:13 | Krist, Andrea | Humboldt Gymnasium | |
| 3. | | Linder, Marlene | Humboldt Gymnasium | |
| 4. | | Hommel, Elaine | Herder Gymnasium | HSG |
| 5. | | Krone, Annabell | Humboldt Gymnasium | HSG |
| 6. | | Richter, Sophie | Herder Gymnasium | HSG |
| 7. | | Eckebrecht, Cynthia | Petersbergschule | |
| 8. | | Telemann, Vanessa | Herder Gymnasium | |
| 9. | | Diener, Jona-Faye | RS Am Förstemannweg | |
| 10. | | Ibe, Carla Elise | Herder Gymnasium | |
| 11. | | Makarinus, Leonnie | Pestalozzi | HSG |
| 12. | | Hesse, Corinna | Humboldt Gymnasium | |
| 13. | | Neubert, Hedwig | Humboldt Gymnasium | |
| 14. | | Rappe, Emma | Humboldt Gymnasium | |
| 15. | | Schneller, Anelie | RS Hainleite | Wolkramshausen |
| 16. | | Jülich, Emdy | Humboldt Gymnasium | |
| 17. | | Devantier, Sophie | RS K. Kollwitz | |
| 18. | | Stübe, Alyssa-Sophie | Humboldt Gymnasium | |
| 19. | | Ritscher, Karlotta | Humboldt Gymnasium | HSG |
| 20. | | Kaun, Lilly | Humboldt Gymnasium | |
| 21. | | Liesegang, Lucie | Humboldt Gymnasium | LV Altstadt |
| 22. | | Henne, Lisa | Herder Gymnasium | |
| 23. | | Uebner, Kaethe | Herder Gymnasium | |
| 24. | | Schiebeck, Anna-Lina | Humboldt Gymnasium | |
| 25. | | Verkouter, Henrike | Humboldt Gymnasium | |
| 26. | | Garzke, Luisa | Humboldt Gymnasium | |
| 27. | | Faulborn, Emma | Herder Gymnasium | |
| 28. | | Stein, Julia | RS Hainleite | Wolkramshausen |
| 29. | | Vogt, Ammelie | RS K. Kollwitz | |
| 30. | | Schüler, Helena | Humboldt Gymnasium | |
| 31. | | Rogge, Jasmina | Humboldt Gymnasium | |

| | | | | |
|------------|-------------|-----------------------|----------------------|----------------------|
| 32. | | Roscher, Mina | Herder Gymnasium | |
| 33. | | Stüwe, Madeline | RS Hainleite | Wolkramshausen |
| 34. | | Möller, Monique | Ellrich | |
| 35. | | Effenberger, Saskia | Humboldt Gymnasium | |
| 36. | | Finger, Gina-Marie | Humboldt Gymnasium | |
| 37. | | Müller, Emely | RS Bleicherode | |
| 38. | | Kühne, Madlin | Herder Gymnasium | |
| 39. | | Messmer, Henriette | Herder Gymnasium | |
| 40. | | Peter, Piper Jacliana | RS Hainleite | Wolkramshausen |
| 41. | | Schneeberg, Line | Humboldt Gymnasium | |
| 42. | | Wenkel, Alina | RS Hainleite | Wolkramshausen |
| 43. | | Bescuh, Lara | RS Hainleite | Wolkramshausen |
| 44. | | Zschernig, Thea | Humboldt Gymnasium | |
| 45. | | Mayer, Charlott | Humboldt Gymnasium | |
| M13 | Zeit | | | |
| 1. | 6:05 | Schröter, Nils | RS Heringen | |
| 2. | 6:28 | Gryphan, Jonas | RS Am Förstemannweg | |
| 3. | 6:35 | Meyer, Jan-Maxim | RS K. Kollwitz | |
| 4. | | Fiedler, Yannik | Herder Gymnasium | |
| 5. | | Herbst, Wilhelm | Herder Gymnasium | |
| 6. | | Kobayashi, Lyuta | Humboldt Gymnasium | |
| 7. | | Linder, Johann | Humboldt Gymnasium | |
| 8. | | Völker, Benedikt | Humboldt Gymnasium | |
| 9. | | Müller, Jan Luca | RS Am Förstemannweg | |
| 10. | | Zievold, Ben | RS K. Kollwitz | |
| 11. | | Bendel, Luca | Humboldt Gymnasium | |
| 12. | | Ertelt, Benedikt | RS K. Kollwitz | |
| 13. | | Truch, Ginseppe | Humboldt Gymnasium | |
| 14. | | Keitz, Eric | RS Niedersachswerfen | |
| 15. | | Reinboth, Philipp | Petersbergschule | |
| 16. | | Brehm, Moritz | RS Hainleite | Wolkramshausen |
| 17. | | Noack, Mattit | RS K. Kollwitz | |
| 18. | | Heber, Nico-Pascal | Petersbergschule | |
| 19. | | Koch, Felix | Humboldt Gymnasium | |
| 20. | | Schmelzer, Niclas | RS Hainleite | Wolkramshausen |
| 21. | | Prenzel, Jonas | Humboldt Gymnasium | SV Wacker Rottlerode |
| 22. | | Hopp, Tim | Petersbergschule | |
| M12 | Zeit | | | |
| 1. | 6:16 | Knüpfer, Konrad | Humboldt Gymnasium | SV Bielen |

| | | | |
|-----|--------------------|--------------------|----------------|
| 2. | Kraft, Pascale | RS Hainleite | Wolkramshausen |
| 3. | Kupke, Eric | Schiller Gymnasium | |
| 4. | Hartmann, Tim | Humboldt Gymnasium | |
| 5. | Schimpf, Joralf | Schiller Gymnasium | |
| 6. | Ruhland, Felix | Herder Gymnasium | |
| 7. | Dörge, Felix | Herder Gymnasium | |
| 8. | Ernesti, Ben | RS K. Kollwitz | |
| 9. | John, Lukas Manuel | Petersbergschule | |
| 10. | Busch, Elias | RS Bleicherode | |
| 11. | Gouthier, Lucian | RS K. Kollwitz | |

| | | | |
|-----|-------------------------|--------------------|----------------|
| 12. | Schier, Anton | Schiller Gymnasium | |
| 13. | Skyrba, Simon | Humboldt Gymnasium | |
| 14. | Dohle, Richard | Humboldt Gymnasium | |
| 15. | Hanselmann, Julian | Herder Gymnasium | |
| 16. | Schuller, Jonas | RS K. Kollwitz | |
| 17. | David, Justin | RS K. Kollwitz | |
| 18. | Löser, Lukas | RS Hainleite | Wolkramshausen |
| 19. | Gündel, Pascal | RS K. Kollwitz | |
| 20. | Hartung, Fabian | Herder Gymnasium | |
| 21. | Benkenstein, Louis Noah | Herder Gymnasium | |
| 22. | Alhamoud, Komai | RS K. Kollwitz | |
| 23. | Klein, Moritz | RS K. Kollwitz | |
| 24. | Heerlein, Jan | RS K. Kollwitz | |
| 25. | Hoffmeister, Paul | Humboldt Gymnasium | |
| 26. | Hofereiter, Heinrich | Humboldt Gymnasium | |
| 27. | Eilenberg, Max | RS Hainleite | Wolkramshausen |
| 28. | Meinecke, Jeremy | RS Hainleite | Wolkramshausen |
| 29. | Kreske, Niklas | Humboldt Gymnasium | |
| 30. | Burmeister, Niklas | Humboldt Gymnasium | |
| 31. | Erny, Adrian | RS K. Kollwitz | |
| 32. | Schwandner, Clemens | Herder Gymnasium | |
| 33. | Meißner, Leon | Petersbergschule | |
| 34. | Kritashvili, Nika | RS K. Kollwitz | |
| 35. | Ostwald, Niklas | RS K. Kollwitz | |
| 36. | Scholz, Jonas | RS K. Kollwitz | |
| 37. | Hering, Justus | Humboldt Gymnasium | |
| 38. | Meinevetter, Justin | RS K. Kollwitz | |
| 39. | Unger, Marcel | RS K. Kollwitz | |
| 40. | Holzapfle, Hannes | RS K. Kollwitz | |

| W14 | Zeit | | | |
|------------|-------------|---------------------------|--------------------|-------------|
| 1. | 7:35 | Herzberg, Hannah | Herder Gymnasium | |
| 2. | | Happ, Anna-Maria | Humboldt Gymnasium | |
| 3. | | Turan, Melissa | Humboldt Gymnasium | |
| 4. | | Hirschfeld, Laura | Humboldt Gymnasium | |
| 5. | | Kindler, Pauline | Humboldt Gymnasium | |
| 6. | | Kirchberg, Sina | Humboldt Gymnasium | LV Altstadt |
| 7. | | Römer, Leonie | Humboldt Gymnasium | |
| 8. | | Kaupa, Gina Michele | Humboldt Gymnasium | |
| 9. | | Astler, Beten | Humboldt Gymnasium | |
| 10. | | Matezki, Frederike | Humboldt Gymnasium | |
| 11. | | Schmidt, Fenja | Humboldt Gymnasium | |
| 12. | | Molnar, Lotta | Humboldt Gymnasium | |
| 13. | | Merkel, Hanna | Ellrich | VfL 28 |
| 14. | | Scharfe, Beatrice | Petersbergschule | |
| 15. | | Penzholz, Antonia | Humboldt Gymnasium | |
| 16. | | Steinecke, Natalie Sophie | Petersbergschule | |
| 17. | | Baewart, Milena | Ellrich | VfL 28 |
| 18. | | Raap, Anna-Sophie | Humboldt Gymnasium | |
| 19. | | Kaun, Vivien | Humboldt Gymnasium | |

| | | | | |
|-----|--|----------------------|--------------------|--------|
| 20. | | Lungershausen, Nele | Humboldt Gymnasium | |
| 21. | | Fuchs, Cora Jesefine | Humboldt Gymnasium | |
| 22. | | Diener, Monique | Ellrich | |
| 23. | | Höche, Laura | Ellrich | VfL 28 |

| W18/19 | Zeit | | | |
|---------------|-------------|-----------------|------------------|--|
| 1. | | Ruth, Maja | Herder Gymnasium | |
| 2. | | Zimeca, Eva | SBZ | |
| 3. | | Bertram, Hannah | Herder Gymnasium | |
| 4. | | Apel, Mareike | Herder Gymnasium | |

| W15 | Zeit | | | |
|------------|-------------|---------------------|--------------------|--|
| 1. | 7:28 | Rehr, Tami Leann | Schiller Gymnasium | |
| 2. | 7:41 | Rappe, Elisa | Humboldt Gymnasium | |
| 3. | 7:45 | Genge, Jennifer | Humboldt Gymnasium | |
| 4. | | Kern, Antonia | Petersbergschule | |
| 5. | | Stiehr, Lara | Humboldt Gymnasium | |
| 6. | | Kanngießer, Johanna | Petersbergschule | |
| 7. | | Lange, Hannah | Humboldt Gymnasium | |
| 8. | | Schwarzkopf, Lina | Humboldt Gymnasium | |
| 9. | | Gulden, Julia | Humboldt Gymnasium | |

| | | | | |
|----------------|-------------|------------------------|----------------------|-----------------------|
| 10. | | Wichmann, Vanessa | RS Niedersachswerfen | |
| 11. | | Storch, Sarah | Petersbergschule | |
| 12. | | Klawe, Anastasia | Petersbergschule | |
| 13. | | Raschke, Sophia | Herder Gymnasium | |
| W 16/17 | Zeit | | | |
| 1. | 7:22 | Teichmann, Lea | Humboldt Gymnasium | VfL 28 |
| 2. | 7:33 | Deterding, Anne Sophie | Humboldt Gymnasium | HSG |
| 3. | | Malich, Helena | Humboldt Gymnasium | |
| 4. | | Förster, Larissa | Humboldt Gymnasium | |
| 5. | | Stritzel, Elisabeth | Humboldt Gymnasium | |
| 6. | | Nguyen, Thu Thao | Humboldt Gymnasium | MTV Niedersachswerfen |
| 7. | | Deitemeyer, Leonie | Humboldt Gymnasium | LV Altstadt |
| 8. | | von Glasenapp, Laura | Herder Gymnasium | |
| 9. | | Schickschneit, Tanja | Humboldt Gymnasium | HSG |
| 10. | | Francke, Annemarie | Humboldt Gymnasium | |
| 11. | | Uhl, Emilia | Humboldt Gymnasium | |
| 12. | | Astler, Hannah | Humboldt Gymnasium | |
| 13. | | Riecher, Lea | Humboldt Gymnasium | |
| 14. | | Werther, Carolin | Humboldt Gymnasium | |
| 15. | | Ramtke, Emely | Petersbergschule | |
| 16. | | Frank, Nelly | Humboldt Gymnasium | |
| 17. | | Neitzke, Juliane | Humboldt Gymnasium | |
| 18. | | Maciejewski, Hanna | Humboldt Gymnasium | |
| 19. | | Metzner, Kristin | Humboldt Gymnasium | |
| 20. | | Erny, Martha | Humboldt Gymnasium | |
| 21. | | Credo, Pauline | Humboldt Gymnasium | |
| 22. | | Eister, Clara | Humboldt Gymnasium | |
| 23. | | Schröder, Sophie | Humboldt Gymnasium | |
| 24. | | Ramer, Isabel Natalie | Humboldt Gymnasium | |
| 25. | | Ernst, Jessica-Tanja | Petersbergschule | |

| | | | | |
|-----|--|--------------------|--------------------|--|
| 26. | | Jödicke, Lea | Humboldt Gymnasium | |
| 27. | | Schelenhaus, Hanna | Humboldt Gymnasium | |
| 28. | | Kreske, Isabell | Humboldt Gymnasium | |
| 29. | | Bode, Justina | Petersbergschule | |
| 30. | | Knuhr, Anika | Humboldt Gymnasium | |
| 31. | | von Biela, Paula | Humboldt Gymnasium | |
| 32. | | Adamik, Martha | Humboldt Gymnasium | |
| 33. | | Montag, Anna | Humboldt Gymnasium | |
| 34. | | Artmann, Charlotte | Humboldt Gymnasium | |

| | | | | |
|------------|-------------|--------------------------|---------------------|----------------------------|
| 35. | | Szemendera, Lena | Humboldt Gymnasium | |
| 36. | | Winzler, Nadja Estelle | Petersbergschule | |
| 37. | | Freyber, Celine | Humboldt Gymnasium | |
| 38. | | Neibel, Natalie | Humboldt Gymnasium | |
| 39. | | Hartleb, Leonie | Humboldt Gymnasium | |
| 40. | | Woituu, Anna | Humboldt Gymnasium | |
| 41. | | Meißner, Vanessa | Herder Gymnasium | |
| 42. | | Franke, Anthea | Humboldt Gymnasium | |
| 43. | | Henschel, Annemarie | Humboldt Gymnasium | |
| 44. | | König, Alexa | Humboldt Gymnasium | |
| 45. | | Tischer, Laura | Humboldt Gymnasium | |
| M14 | Zeit | | | |
| 1. | | Stpputat, Paul | Schiller Gymnasium | |
| 2. | | Busch, Martin | Schiller Gymnasium | |
| 3. | | Ernst, Jannik | RS Hainleite | Wolkramshausen |
| 4. | | Dittmar, Jonas | RS Bleicherode | |
| 5. | | Danner, Vincent | Humboldt Gymnasium | |
| 6. | | Gerlach, Michel Sven | RS Förstemannweg | LV Altstadt |
| 7. | | Kuhnhold, Martin | Humboldt Gymnasium | LV Altstadt |
| 8. | | Hoffmann, Luca | Humboldt-Gymnasium | |
| 9. | | Polte, Pierre-Leon | Humboldt Gymnasium | |
| 10. | | Nickel, Franz | Humboldt Gymnasium | |
| 11. | | Galz, Oliver | Humboldt Gymnasium | |
| 12. | | Fiesler, Lukas | Humboldt Gymnasium | LV Altstadt |
| 13. | | Grabinsky, Luca | Humboldt Gymnasium | |
| 14. | | Pavlutskyi, Andrij | RS Petersberg | |
| 15. | | Buntfuß, Niclas | Petersbergschule | |
| 16. | | Köthe, Pascal | Petersbergschule | |
| 17. | | Stritzel, Franz | Humboldt Gymnasium | |
| 18. | | Zinck, Anton | Herder Gymnasium | |
| M15 | Zeit | | | |
| 1. | 5:48 | Roßberg, Johannes | Humboldt Gymnasium | |
| 2. | 5:53 | Rensing, Franz | Herder Gymnasium | HSG |
| 3. | 6:05 | Hakimi, Ramesh | RS Bleicherode | |
| 4. | 6:10 | Kupfer, Leon | RS Am Förstemannweg | SV Nordhausen 90 Triathlon |
| 5. | 6:20 | Siewert, Leon Maximilian | Petersbergschule | |
| 6. | 6:38 | Gehler, Marius | RS Hainleite | Wolkramshausen |
| 7. | | Sahak, Amir | RS Petersberg | |
| 8. | | Wendschuh, Tom | RS Heringen | |
| 9. | | Balik, Steven | Petersbergschule | |

| | | | | |
|-----------------|-------------|--------------------------|----------------------|----------------------------|
| 10. | | Hesse, Gregor | Humboldt Gymnasium | |
| 11. | | Ballhause, Vincent | Petersbergschule | |
| 12. | | Eberhardt, Jonas | Petersbergschule | |
| 13. | | Meschke, Joseph | Humboldt Gymnasium | |
| 14. | | Kassubek, Jason | Petersbergschule | |
| 15. | | Rieger, Thomas | Humboldt Gymnasium | NSV |
| 16. | | Mascher, Fritz Lorenz | Humboldt Gymnasium | |
| 17. | | Keßler, Matti | Humboldt Gymnasium | |
| 18. | | Giesler, Justin | Humboldt Gymnasium | |
| 19. | | Meyer, Konrad | Petersbergschule | |
| 20. | | Zeiler, Nico | Petersbergschule | |
| 21. | | Schneeberg, Lerse | Humboldt Gymnasium | |
| 22. | | Seibt, Robert | Humboldt Gymnasium | |
| M 18/19 | | | | |
| 2 Runden | Zeit | | | |
| 1. | | Weber, Justus | | SV Hainrode |
| 2. | | Hildebrand, Tobias | Herder Gymnasium | |
| 3. | | Marwush, Saeed | | SV Nordhausen 90 Triathlon |
| M 16/17 | | | | |
| 2 Runden | Zeit | | | |
| 1. | | Thomschke, Niklas | Humboldt Gymnasium | |
| 2. | | Teichmann, Max | RS K. Kollwitz | |
| 3. | | Zwanzig, Oskar | Humboldt Gymnasium | LV Altstadt |
| 4. | | Onnen, Matthias | Humboldt Gymnasium | |
| 5. | | Kühne, Tilmann | Humboldt Gymnasium | SV Nordhausen 90 Triathlon |
| 6. | | Naumann, Fabian | Humboldt Gymnasium | |
| 7. | | Ruhland, Jonas | RS Niedersachswerfen | |
| 8. | | Rüdiger, Bruno | Humboldt Gymnasium | SV Wacker Rottlerode |
| 9. | | Zschernig, Theo | Humboldt Gymnasium | |
| 10. | | Prenzel, Erik | Humboldt Gymnasium | |
| 11. | | Erfurt, Markus | RS Am Förstemannweg | |
| 12. | | Keitz, Cedric | Petersbergschule | |
| 13. | | Kohler, Julius | Humboldt Gymnasium | |
| 14. | | Greulich, Brike Benjamin | Petersbergschule | |
| 15. | | Büttner, Ludwig | Humboldt Gymnasium | |
| 16. | | Frischbier, Markus | Petersbergschule | |
| 17. | | Helmke, Elias | RS K. Kollwitz | |

| | | | | |
|-----|--|---------------------|--------------------|--------------------|
| 18. | | Tobisch, Nils | RS Heringen | |
| 19. | | Mohammadi, Abdullah | RS Petersberg | |
| 20. | | Großer, Vincent | Humboldt Gymnasium | Südharzer Laufshop |
| 21. | | Koch, Leon | RS K. Kollwitz | |
| 22. | | Zimecs, Rihards | Petersbergschule | |
| 23. | | Tahirovic, Semir | Petersbergschule | |
| 24. | | Boch, Moritz | Humboldt Gymnasium | |
| 25. | | Blumenthal, Marcel | Humboldt Gymnasium | |
| 26. | | Scholze, Leon | Humboldt Gymnasium | |
| 27. | | Petsch, Jonas | Humboldt Gymnasium | |
| 28. | | Suljovic, Azmir | Petersbergschule | |
| 29. | | Huhn, Phillip | Humboldt Gymnasium | |

| | | | | |
|-----|--|-----------------------|--------------------|--|
| 30. | | Freybe, Raphael | Humboldt Gymnasium | |
| 31. | | Mückner, Moritz | Humboldt Gymnasium | |
| 32. | | Warschkow, Erik | Herder Gymnasium | |
| 33. | | Regalado Suelo, Heiko | Humboldt Gymnasium | |